

| Platz | Name, Vorname | Jg | Verein / BSG / Ort | Schwimmen | Pos S | Rad | Pos R | Zwischen- zeit | Pos ZZ | Laufen | Pos L | Gesamtzeit | Alters- klasse | Start- Nr. |
|-------|---------------------|----|----------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 1 | Ortfeld, Jasper | 03 | Tri-Sport Lübeck | 0:05:48 h | 1 | 0:18:38 h | 1 | 0:24:26 h | 1 | 0:09:52 h | 1 | 0:34:18 h | M JB | 315 |
| 2 | Garbers, Noah | 04 | TSV Bargteheide -Tri | 0:07:06 h | 16 | 0:19:02 h | 4 | 0:26:08 h | 4 | 0:09:57 h | 2 | 0:36:05 h | M JB | 312 |
| 3 | Bröcker, Julia | 03 | VfL Oldesloe | 0:05:57 h | 3 | 0:19:42 h | 6 | 0:25:39 h | 3 | 0:10:37 h | 7 | 0:36:16 h | W JB | 331 |
| 4 | Nissen, Oliver | 03 | TSV Bargteheide -Tri | 0:07:16 h | 18 | 0:19:00 h | 3 | 0:26:16 h | 5 | 0:10:03 h | 4 | 0:36:19 h | M JB | 304 |
| 5 | Sandau, Fabian | 04 | SVT Neumünster | 0:06:02 h | 5 | 0:20:23 h | 11 | 0:26:25 h | 8 | 0:10:02 h | 3 | 0:36:27 h | M JB | 313 |
| 6 | Dietzel, Leann | 03 | SG Wasserratten Nordersted | 0:05:54 h | 2 | 0:20:38 h | 13 | 0:26:32 h | 9 | 0:10:08 h | 5 | 0:36:40 h | W JB | 330 |
| 7 | Wichmann, Leif Erik | 03 | Triathlon Dänischer Wohld | 0:07:39 h | 21 | 0:18:38 h | 1 | 0:26:17 h | 6 | 0:11:23 h | 10 | 0:37:40 h | M JB | 301 |
| 8 | Ulka, Lukas | 03 | TSV Bargteheide -Tri | 0:06:51 h | 12 | 0:19:52 h | 7 | 0:26:43 h | 10 | 0:11:15 h | 9 | 0:37:58 h | M JB | 306 |
| 9 | Dési, Ricarda | 03 | VfL Oldesloe | 0:06:24 h | 7 | 0:19:58 h | 8 | 0:26:22 h | 7 | 0:11:43 h | 12 | 0:38:05 h | W JB | 318 |
| 10 | Lassen, Mattes | 04 | SG Athletico Büdelsdorf | 0:07:03 h | 14 | 0:20:07 h | 9 | 0:27:10 h | 12 | 0:10:57 h | 8 | 0:38:07 h | M JB | 311 |
| 11 | Kallies, Yannick | 03 | TSV Quellenhaupt Bornhövec | 0:06:07 h | 6 | 0:19:10 h | 5 | 0:25:17 h | 2 | 0:12:53 h | 15 | 0:38:10 h | M JB | 302 |
| 12 | Tietgen, Svea | 03 | VfL Oldesloe | 0:06:49 h | 10 | 0:20:42 h | 15 | 0:27:31 h | 16 | 0:11:31 h | 11 | 0:39:02 h | W JB | 332 |
| 13 | Hoyer, Neal | 04 | Sport-Club Itzehoe | 0:08:39 h | 23 | 0:21:00 h | 17 | 0:29:39 h | 20 | 0:10:24 h | 6 | 0:40:03 h | M JB | 308 |
| 14 | Fitschen, Lena | 03 | TSV Bargteheide -Tri | 0:07:03 h | 14 | 0:20:27 h | 12 | 0:27:30 h | 15 | 0:12:51 h | 14 | 0:40:21 h | W JB | 325 |
| 15 | Krohn, Thore | 04 | TSV Bargteheide -Tri | 0:07:12 h | 17 | 0:20:15 h | 10 | 0:27:27 h | 13 | 0:13:48 h | 19 | 0:41:15 h | M JB | 307 |
| 16 | Arlt, Marc-Oliver | 04 | TSV Bargteheide -Tri | 0:08:50 h | 24 | 0:20:51 h | 16 | 0:29:41 h | 21 | 0:11:48 h | 13 | 0:41:29 h | M JB | 310 |
| 17 | Kiel, Simon | 03 | TSV Bargteheide -Tri | 0:06:50 h | 11 | 0:20:39 h | 14 | 0:27:29 h | 14 | 0:15:16 h | 22 | 0:42:45 h | M JB | 303 |
| 18 | Joost, Malin | 03 | TSV Bargteheide -Tri | 0:06:56 h | 13 | 0:22:18 h | 20 | 0:29:14 h | 19 | 0:13:36 h | 18 | 0:42:50 h | W JB | 321 |
| 19 | Franke, Lynn | 03 | TSV Bargteheide -Tri | 0:07:32 h | 19 | 0:22:18 h | 20 | 0:29:50 h | 22 | 0:13:09 h | 17 | 0:42:59 h | W JB | 319 |
| 20 | Stuhr, Benedict | 04 | SG Wasserratten Nordersted | 0:06:44 h | 9 | 0:22:28 h | 22 | 0:29:12 h | 18 | 0:14:19 h | 20 | 0:43:31 h | M JB | 316 |
| 21 | Boeger, Sina | 03 | TSV Bargteheide -Tri | 0:08:07 h | 22 | 0:22:39 h | 23 | 0:30:46 h | 23 | 0:13:00 h | 16 | 0:43:46 h | W JB | 324 |
| 22 | Krohn, Janka | 04 | TSV Bargteheide -Tri | 0:05:58 h | 4 | 0:21:01 h | 18 | 0:26:59 h | 11 | 0:17:06 h | 24 | 0:44:05 h | W JB | 326 |
| 23 | Pries, Janne | 03 | Tri-Sport Lübeck | 0:06:25 h | 8 | 0:22:15 h | 19 | 0:28:40 h | 17 | 0:15:33 h | 23 | 0:44:13 h | W JB | 329 |
| 24 | Dohrenbusch, Nele | 03 | TSV Bornhöved | 0:07:38 h | 20 | 0:24:02 h | 24 | 0:31:40 h | 24 | 0:14:46 h | 21 | 0:46:26 h | W JB | 328 |