

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Teegen, Sven	80	SV Wiking Kiel	0:06:16 h	1	0:31:06 h	2	0:37:22 h	1	0:18:56 h	1	0:56:18 h	MAK 35	81
2	Diers, Frederik	95	Glückstadt	0:09:50 h	17	0:31:41 h	4	0:41:31 h	6	0:19:17 h	3	1:00:48 h	MAK 20	46
3	Boubakeur, Chantal	98	Pinneberg	0:07:13 h	2	0:33:09 h	13	0:40:22 h	4	0:20:41 h	6	1:01:03 h	W AK 20	139
4	Marin, Enrico	92	Team Sunshine	0:07:40 h	3	0:32:55 h	8	0:40:35 h	5	0:21:00 h	7	1:01:35 h	MAK 25	43
5	Losch, Sören	89	HSG Marne/Brunsbüttel	0:08:38 h	8	0:33:01 h	11	0:41:39 h	7	0:21:25 h	8	1:03:04 h	MAK 25	23
6	Thedens, Daniel	83	MTV Heide	0:08:48 h	11	0:34:47 h	26	0:43:35 h	13	0:20:38 h	5	1:04:13 h	MAK 35	94
7	Lisker, Marcus	79	TriZack Rostock	0:09:56 h	20	0:30:14 h	1	0:40:10 h	3	0:24:34 h	34	1:04:44 h	MAK 35	56
8	Schreiber, Andreas	73	TRIDATORS	0:08:20 h	4	0:31:07 h	3	0:39:27 h	2	0:25:27 h	44	1:04:54 h	MAK 45	78
9	Lakies, Lothar	66	Vfl Oldesloe	0:11:01 h	47	0:31:43 h	5	0:42:44 h	8	0:22:23 h	14	1:05:07 h	MAK 50	28
10	Stelling, Max	59	SSV Süderdorf	0:09:44 h	16	0:34:03 h	19	0:43:47 h	15	0:21:33 h	10	1:05:20 h	MAK 55	29
11	Vogelgsang, Miguel	82	LAV Husum	0:13:21 h	103	0:33:38 h	14	0:46:59 h	40	0:18:58 h	2	1:05:57 h	MAK 35	69
12	Lorenzen, Gyde	87	Horstedt	0:11:49 h	76	0:32:20 h	6	0:44:09 h	17	0:22:27 h	15	1:06:36 h	W AK 30	135
13	Thorpe, Ian	80	Hamburg	0:11:09 h	54	0:34:11 h	22	0:45:20 h	25	0:21:32 h	9	1:06:52 h	MAK 35	75
14	Domscheit, Nils	91	Heavy Boys	0:11:10 h	55	0:36:00 h	37	0:47:10 h	42	0:19:48 h	4	1:06:58 h	MAK 25	66
15	Schubert, Ralph	73	Hamburg	0:10:34 h	38	0:32:59 h	9	0:43:33 h	12	0:24:33 h	33	1:08:06 h	MAK 45	19
16	Jochims, Ralf	64	SSV Süderdorf	0:10:16 h	27	0:34:49 h	27	0:45:05 h	22	0:23:03 h	17	1:08:08 h	MAK 50	52
17	Hennings, Marcel	82	Brunsbüttel	0:09:42 h	15	0:33:56 h	17	0:43:38 h	14	0:24:42 h	35	1:08:20 h	MAK 35	32
18	Reinecke, Simon	91	Heave Boys	0:09:25 h	13	0:35:53 h	36	0:45:18 h	24	0:23:08 h	18	1:08:26 h	MAK 25	90
19	Friedrichs, Malte	73	Impalas Westküste	0:10:32 h	34	0:32:52 h	7	0:43:24 h	11	0:25:07 h	42	1:08:31 h	MAK 45	86
20	Stadler, Jürgen	66	Post SV Uelzen	0:11:42 h	71	0:33:00 h	10	0:44:42 h	20	0:23:55 h	28	1:08:37 h	MAK 50	88
21	Reimers, Michael	72	Heiligenstedten	0:10:33 h	37	0:35:11 h	29	0:45:44 h	26	0:23:24 h	21	1:09:08 h	MAK 45	87
22	Englisch, Ingo	60	Heavy-Boys	0:09:33 h	14	0:34:38 h	25	0:44:11 h	18	0:25:07 h	42	1:09:18 h	MAK 55	68
23	Onken, Nils	85	Hamburg	0:10:09 h	25	0:34:20 h	23	0:44:29 h	19	0:24:50 h	38	1:09:19 h	MAK 30	53
24	Bähns, Malte	77	SV Grün-Weiß Todenbüttel	0:10:31 h	31	0:36:27 h	46	0:46:58 h	39	0:22:22 h	13	1:09:20 h	MAK 40	48
25	Sudmann, Sven	72	Triathlon Kakenstorf	0:08:40 h	9	0:34:09 h	21	0:42:49 h	9	0:26:44 h	62	1:09:33 h	MAK 45	22
26	Jegust, Thomas	68	Impalas Westküste	0:10:57 h	41	0:33:52 h	16	0:44:49 h	21	0:24:46 h	37	1:09:35 h	MAK 50	59
27	Konrad, Thomas	67	Tri Michels Hamburg e.V.	0:08:22 h	5	0:37:41 h	58	0:46:03 h	29	0:23:38 h	22	1:09:41 h	MAK 50	8
28	Wöhler, Alexander	79	Post SV Uelzen	0:11:05 h	51	0:34:05 h	20	0:45:10 h	23	0:24:43 h	36	1:09:53 h	MAK 35	15
29	Menz, Corinna	96	VAF Triathlon	0:10:07 h	24	0:33:45 h	15	0:43:52 h	16	0:26:09 h	55	1:10:01 h	W AK 20	126
30	Müller, Martin	75	Hamburg	0:11:00 h	45	0:35:20 h	31	0:46:20 h	31	0:23:46 h	24	1:10:06 h	MAK 40	60
31	Dési, Robert	63	VfL Oldesloe	0:12:56 h	96	0:33:05 h	12	0:46:01 h	27	0:24:10 h	29	1:10:11 h	MAK 55	40
31	Boubakeur, Aissa	66	Pinneberg	0:08:36 h	7	0:34:29 h	24	0:43:05 h	10	0:27:06 h	63	1:10:11 h	MAK 50	79
33	Harder, Jonas	84	Kiel	0:12:00 h	80	0:36:37 h	48	0:48:37 h	58	0:21:47 h	11	1:10:24 h	MAK 30	34
34	Schreier, Patrick	71	Elmshorn	0:10:17 h	28	0:36:29 h	47	0:46:46 h	34	0:23:44 h	23	1:10:30 h	MAK 45	41
35	Sandermann, Ralf	69	Post SV Uelzen	0:11:01 h	47	0:36:23 h	43	0:47:24 h	46	0:23:51 h	27	1:11:15 h	MAK 45	26
36	Skoczynski, Patryk	87	TuS Holtenau Kiel	0:11:15 h	62	0:35:26 h	33	0:46:41 h	33	0:24:52 h	39	1:11:33 h	MAK 30	61
37	Schreiber, Dominik	81	Kiel	0:12:17 h	86	0:36:02 h	39	0:48:19 h	55	0:23:17 h	19	1:11:36 h	MAK 35	25
38	Midwer, Axel	60	Ostroher SC	0:13:17 h	101	0:34:02 h	18	0:47:19 h	45	0:24:18 h	30	1:11:37 h	MAK 55	85
39	Pomykala, Dr. Petra	65	Team Erdinger Alkoholfrei	0:10:41 h	39	0:36:06 h	41	0:46:47 h	35	0:25:03 h	40	1:11:50 h	W AK 50	100
40	Suhr, André	82	Dithmarscher Tri-Team	0:12:31 h	91	0:35:32 h	34	0:48:03 h	53	0:23:48 h	25	1:11:51 h	MAK 35	44

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41	Fehling, Julia	85	Blau-Weiß 96 Schenefeld	0:09:57 h	21	0:36:04 h	40	0:46:01 h	27	0:25:52 h	50	1:11:53 h	W AK 30	132
42	Dieckmeyer, Oliver	80	Team Erdinger Alkoholfrei	0:11:21 h	68	0:35:00 h	28	0:46:21 h	32	0:25:33 h	47	1:11:54 h	MAK 35	49
43	Rauhut, Thomas	86	Good Old Rabbits	0:11:11 h	56	0:38:52 h	76	0:50:03 h	69	0:22:09 h	12	1:12:12 h	MAK 30	89
44	Saam, Christian	82	SG Wasserratten Norderstedt	0:10:42 h	40	0:36:10 h	42	0:46:52 h	36	0:25:35 h	48	1:12:27 h	MAK 35	47
45	Seifert, Regina	68	Tornesch	0:10:31 h	31	0:36:24 h	44	0:46:55 h	37	0:26:04 h	52	1:12:59 h	W AK 50	102
46	Böger, Thomas	71	SG Haspa / BSV HH	0:11:16 h	63	0:37:42 h	59	0:48:58 h	63	0:24:24 h	31	1:13:22 h	MAK 45	36
47	Ilstein, Alina	97	TSV Husum 1875 e.V.	0:10:01 h	23	0:37:54 h	65	0:47:55 h	52	0:25:29 h	45	1:13:24 h	W AK 20	131
48	Labuj, Rüdiger	64	ETSV Fortuna Glückstadt	0:11:02 h	49	0:36:48 h	50	0:47:50 h	48	0:25:38 h	49	1:13:28 h	MAK 50	37
48	Entz-von Zerksen, Jennifer	92	SG Athletico Büdelsdorf	0:10:32 h	34	0:36:25 h	45	0:46:57 h	38	0:26:31 h	60	1:13:28 h	W AK 25	104
50	Harsdorf, Katja	64	ASL La Robertsau	0:12:26 h	88	0:36:51 h	51	0:49:17 h	67	0:24:28 h	32	1:13:45 h	W AK 50	130
51	Carstensen, Torsten	67	MTV Heide	0:13:05 h	99	0:35:12 h	30	0:48:17 h	54	0:25:30 h	46	1:13:47 h	MAK 50	33
52	Alpers, Torben	77	Kiel	0:10:31 h	31	0:37:20 h	54	0:47:51 h	49	0:26:07 h	54	1:13:58 h	MAK 40	64
53	Schiffler, Inga	95	TSV Kronshagen	0:11:14 h	60	0:36:39 h	49	0:47:53 h	50	0:26:06 h	53	1:13:59 h	W AK 20	119
54	Bock, Antje	82	Hamburg	0:11:18 h	65	0:39:28 h	83	0:50:46 h	78	0:23:17 h	19	1:14:03 h	W AK 35	97
55	Weiß, Andreas	66	Team ERDINGER Alkoholfrei	0:10:59 h	43	0:40:22 h	91	0:51:21 h	83	0:23:02 h	16	1:14:23 h	MAK 50	71
56	Hansen, Pia	74	MTV Leck von 1889 e.V	0:09:12 h	12	0:37:52 h	64	0:47:04 h	41	0:27:48 h	71	1:14:52 h	W AK 40	144
57	Tiedje, Anja	63	Marnier TV	0:11:47 h	73	0:36:53 h	52	0:48:40 h	59	0:26:24 h	59	1:15:04 h	W AK 55	7
58	Reupke, Florian	88	Koblenz	0:13:27 h	104	0:35:25 h	32	0:48:52 h	61	0:26:15 h	56	1:15:07 h	MAK 30	82
59	Knuth, Peter	61	Bosauer SV	0:11:54 h	78	0:36:00 h	37	0:47:54 h	51	0:27:27 h	69	1:15:21 h	MAK 55	12
60	Niebuhr, Benjamin	02	SG Wasserratten Norderstedt	0:08:42 h	10	0:38:32 h	71	0:47:14 h	43	0:28:40 h	77	1:15:54 h	M JA	91
61	Feldmann, Sabrina	72	TSV Bargtheide -Tri	0:10:59 h	43	0:37:55 h	66	0:48:54 h	62	0:27:08 h	64	1:16:02 h	W AK 45	145
62	Stadali, Jessica	79	Sport-Club Itzehoe	0:11:14 h	60	0:37:45 h	61	0:48:59 h	65	0:27:12 h	67	1:16:11 h	W AK 35	99
63	Weber, Frank	63	Kaifu Tri Team e. V.	0:13:53 h	106	0:37:20 h	54	0:51:13 h	82	0:25:05 h	41	1:16:18 h	MAK 55	20
64	Brodde, Mariella	94	PSV Uelzen	0:11:02 h	49	0:39:21 h	81	0:50:23 h	74	0:26:03 h	51	1:16:26 h	W AK 20	101
65	Müller, Katrin	82	ASC Ahlen	0:11:29 h	70	0:35:47 h	35	0:47:16 h	44	0:29:34 h	83	1:16:50 h	W AK 35	106
66	Kilzer, Volker	56	MTV Heide	0:11:00 h	45	0:37:58 h	67	0:48:58 h	63	0:27:57 h	73	1:16:55 h	MAK 60	65
67	Thiedeitz, Kai	62	Eutin	0:12:40 h	93	0:38:03 h	68	0:50:43 h	77	0:26:23 h	58	1:17:06 h	MAK 55	10
68	Tack, Andrea	66	Bargtheide	0:08:32 h	6	0:37:44 h	60	0:46:16 h	30	0:31:08 h	93	1:17:24 h	W AK 50	136
69	Lisker, Kristin	82	TriZack Rostock	0:12:47 h	95	0:37:33 h	57	0:50:20 h	73	0:27:33 h	70	1:17:53 h	W AK 35	127
70	Bauch, Sebastian	80	SG Elbmarsch	0:14:00 h	107	0:40:04 h	88	0:54:04 h	99	0:23:50 h	26	1:17:54 h	MAK 35	50
71	Radßat, Manfred	64	Bad Schwartau	0:13:29 h	105	0:38:25 h	69	0:51:54 h	87	0:26:19 h	57	1:18:13 h	MAK 50	95
72	Bolz, Stefan	65	LAV Husum	0:09:53 h	18	0:38:28 h	70	0:48:21 h	56	0:30:15 h	88	1:18:36 h	MAK 50	77
73	Austen, Ingrid	65	Impalas Westküste	0:11:13 h	59	0:37:28 h	56	0:48:41 h	60	0:30:05 h	86	1:18:46 h	W AK 50	117
74	Winkler, Helge	71	Elmshorn	0:10:26 h	29	0:41:13 h	95	0:51:39 h	84	0:27:11 h	66	1:18:50 h	MAK 45	42
75	Varwig, Thomas	69	Sehestedt	0:11:18 h	65	0:37:51 h	63	0:49:09 h	66	0:30:14 h	87	1:19:23 h	MAK 45	54
76	Hennings, Manfred	61	Werkfeuerwehr Sasol	0:11:05 h	51	0:38:32 h	71	0:49:37 h	68	0:29:49 h	85	1:19:26 h	MAK 55	57
77	Wiedermann, Jessica	87	Hamburg	0:12:11 h	84	0:40:06 h	90	0:52:17 h	90	0:27:10 h	65	1:19:27 h	W AK 30	111
78	Heyder, Torsten	68	AMTV Hamburg	0:11:18 h	65	0:38:56 h	77	0:50:14 h	70	0:29:21 h	81	1:19:35 h	MAK 50	27
79	Saltik, Altay Alp	71	Hamburg	0:11:42 h	71	0:38:37 h	74	0:50:19 h	72	0:29:38 h	84	1:19:57 h	MAK 45	16
80	Frauen, Katharina	90	SG Elbmarsch	0:11:16 h	63	0:37:09 h	53	0:48:25 h	57	0:31:33 h	97	1:19:58 h	W AK 25	114

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
81	Knuth, Beate	59	Bosauer SV	0:13:01 h	97	0:39:44 h	85	0:52:45 h	92	0:27:52 h	72	1:20:37 h	W AK 55	107
82	Thaden, Christina	75	Kiel	0:11:47 h	73	0:41:37 h	97	0:53:24 h	93	0:27:15 h	68	1:20:39 h	W AK 40	109
83	Goos, Dirk	67	Sweet Rock Brokies	0:09:55 h	19	0:37:48 h	62	0:47:43 h	47	0:33:19 h	102	1:21:02 h	MAK 50	18
84	Hey, Katrin	67	Bargteheide	0:10:10 h	26	0:41:40 h	98	0:51:50 h	86	0:29:17 h	80	1:21:07 h	W AK 50	128
85	Schell, Rudolph	49	SC-Altwarmbüchen	0:13:10 h	100	0:38:32 h	71	0:51:42 h	85	0:29:27 h	82	1:21:09 h	MAK 65	67
86	Horstmann, Steffen	71	Sport-Club Itzehoe	0:12:10 h	83	0:39:50 h	87	0:52:00 h	88	0:29:11 h	78	1:21:11 h	MAK 45	55
87	Bauch, Alexandra	81	SG Elbmarsch	0:11:22 h	69	0:39:04 h	78	0:50:26 h	75	0:31:04 h	92	1:21:30 h	W AK 35	115
88	Söthje, Sabine	65	SC Itzehoe	0:12:34 h	92	0:39:44 h	85	0:52:18 h	91	0:29:16 h	79	1:21:34 h	W AK 50	105
89	Rebmann, Stefan	60	SG Wasserratten Nordersted	0:12:06 h	82	0:38:46 h	75	0:50:52 h	80	0:30:56 h	91	1:21:48 h	MAK 55	31
90	Schnegulau, Silvia	76	SC Itzehoe	0:13:18 h	102	0:42:04 h	101	0:55:22 h	104	0:26:37 h	61	1:21:59 h	W AK 40	124
91	Till, Sabine	56	Elsdorf-Westermühlen	0:12:00 h	80	0:41:43 h	99	0:53:43 h	94	0:28:20 h	75	1:22:03 h	W AK 60	129
92	Teichert, Nina	85	Triabolos Hamburg e.V.	0:10:00 h	22	0:40:49 h	92	0:50:49 h	79	0:31:15 h	95	1:22:04 h	W AK 30	134
93	Pöhlmann, Andreas	55	SC Itzehoe	0:11:08 h	53	0:39:26 h	82	0:50:34 h	76	0:31:47 h	99	1:22:21 h	MAK 60	93
94	Borchers, Kurt	63	SG Athletico Büdelsdorf	0:11:49 h	76	0:39:12 h	79	0:51:01 h	81	0:31:35 h	98	1:22:36 h	MAK 55	14
95	Till, Thomas	56	Elsdorf-Westermühlen	0:11:11 h	56	0:44:27 h	108	0:55:38 h	106	0:28:14 h	74	1:23:52 h	MAK 60	63
96	Lappert, Evelyn	50	TSV Sankt Peter-Ording	0:14:07 h	108	0:41:53 h	100	0:56:00 h	107	0:28:36 h	76	1:24:36 h	W AK 65	140
97	Rehder, Ole	80	Gartenfreunde Neuenbrook	0:12:26 h	88	0:41:20 h	96	0:53:46 h	95	0:30:51 h	90	1:24:37 h	MAK 35	38
98	Otremba, Kristin	81	Impalas Westküste	0:12:27 h	90	0:39:39 h	84	0:52:06 h	89	0:33:28 h	105	1:25:34 h	W AK 35	133
99	Kulesa, Christian	65	Eutin	0:12:40 h	93	0:41:10 h	94	0:53:50 h	97	0:32:12 h	101	1:26:02 h	MAK 50	6
100	Grüneward, Marthe	82	Hamburg	0:15:31 h	111	0:40:05 h	89	0:55:36 h	105	0:30:40 h	89	1:26:16 h	W AK 35	137
101	Wiese, Daniel	56	Impalas Westküste	0:14:09 h	109	0:41:01 h	93	0:55:10 h	103	0:32:01 h	100	1:27:11 h	W AK 60	70
102	Eckart, Jan Hendrik	72	Team Dickhäuter	0:10:58 h	42	0:39:17 h	80	0:50:15 h	71	0:37:14 h	110	1:27:29 h	MAK 45	24
103	Meier, Sinje	77	Ihr? Triathlon?	0:10:30 h	30	0:43:17 h	105	0:53:47 h	96	0:33:48 h	106	1:27:35 h	W AK 40	143
104	Sandermann, Corinna	72	Post SV Uelzen	0:12:13 h	85	0:42:04 h	101	0:54:17 h	100	0:33:26 h	104	1:27:43 h	W AK 45	116
105	Kazmierczak, Torben	89	Burg	0:11:47 h	73	0:42:11 h	103	0:53:58 h	98	0:35:24 h	108	1:29:22 h	MAK 25	11
106	Daft, Carsten	77	ASC Ahlen	0:11:57 h	79	0:46:03 h	110	0:58:00 h	108	0:31:31 h	96	1:29:31 h	MAK 40	17
107	Maier, Rebekka	91	Marne	0:12:18 h	87	0:42:47 h	104	0:55:05 h	102	0:34:39 h	107	1:29:44 h	W AK 25	120
108	Timmermann, Lara	93	FC St. Pauli Triathlon	0:10:32 h	34	0:43:50 h	107	0:54:22 h	101	0:36:10 h	109	1:30:32 h	W AK 25	138
109	Burmeister, Andrea	64	Malente	0:16:58 h	113	0:43:27 h	106	1:00:25 h	110	0:31:11 h	94	1:31:36 h	W AK 50	103
110	Schukat, Sonja	76	MTV Heide	0:11:11 h	56	0:48:19 h	111	0:59:30 h	109	0:33:23 h	103	1:32:53 h	W AK 40	108
111	Knudsen, Blanka	73	Ihr? Triathlon?	0:16:20 h	112	0:45:18 h	109	1:01:38 h	111	0:39:25 h	112	1:41:03 h	W AK 45	113
112	Christensen, Denise	81	SG Elbmarsch	0:13:03 h	98	0:49:07 h	112	1:02:10 h	112	0:39:04 h	111	1:41:14 h	W AK 35	122
113	Kuhlmeyer, Sandra	80	Schenefeld	0:15:29 h	110	0:51:25 h	113	1:06:54 h	113	0:50:34 h	113	1:57:28 h	W AK 35	110