

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Bies, Torben	83	SC Bargaenstedt	0:10:04 h	25	0:30:02 h	1	0:40:06 h	3	0:18:13 h	1	0:58:19 h	MAK 30	40
2	Neumann, Uwe	73	Team Erdinger Alkoholfrei	0:10:17 h	30	0:32:43 h	10	0:43:00 h	10	0:20:26 h	3	1:03:26 h	MAK 40	15
3	Scheel, Jürgen	68	Tri Sport Lübeck	0:08:56 h	10	0:31:08 h	3	0:40:04 h	2	0:23:37 h	16	1:03:41 h	MAK 45	31
4	Hupfeld, Markus	72	Monstär-Racing	0:09:12 h	13	0:30:49 h	2	0:40:01 h	1	0:24:03 h	18	1:04:04 h	MAK 45	7
5	Tetens, Ingmar	76	Hamburg	0:08:19 h	3	0:32:29 h	7	0:40:48 h	4	0:23:36 h	14	1:04:24 h	MAK 40	56
6	Vogelgsang, Miguel	82	LAV Husum	0:11:41 h	62	0:33:41 h	15	0:45:22 h	27	0:19:33 h	2	1:04:55 h	MAK 35	30
7	Losch, Sören	89	HSG Marne/Brunsbüttel	0:08:38 h	7	0:34:39 h	27	0:43:17 h	12	0:22:21 h	5	1:05:38 h	MAK 25	72
8	König, Jan-Christoph	97	Post SV Uelzen	0:08:15 h	1	0:32:37 h	8	0:40:52 h	5	0:24:48 h	24	1:05:40 h	MAK 20	44
9	Lakies, Lothar	66	Vfl Oldesloe	0:10:31 h	35	0:32:38 h	9	0:43:09 h	11	0:22:58 h	11	1:06:07 h	MAK 50	51
10	Marin, Enrico	92	Team Sunshine	0:08:16 h	2	0:35:21 h	33	0:43:37 h	15	0:22:45 h	9	1:06:22 h	MAK 25	50
11	Friedrichs, Malte	73	Impalas Westküste	0:10:18 h	31	0:31:34 h	4	0:41:52 h	7	0:24:56 h	26	1:06:48 h	MAK 40	19
12	Thron, Matthias	80	TSG Bergedorf	0:09:42 h	20	0:34:21 h	21	0:44:03 h	17	0:22:49 h	10	1:06:52 h	MAK 35	60
13	Stelling, Max	59	SSV Süderdorf	0:09:37 h	18	0:34:54 h	29	0:44:31 h	21	0:22:22 h	6	1:06:53 h	MAK 55	57
14	Schreiber, Andreas	73	TRIDATORS	0:08:37 h	6	0:32:46 h	11	0:41:23 h	6	0:26:01 h	44	1:07:24 h	MAK 40	16
15	Lorenzen, Gyde	87	TSV Husum 1875 e.V.	0:11:54 h	71	0:34:25 h	22	0:46:19 h	34	0:21:38 h	4	1:07:57 h	W AK 30	97
16	Jefferys, Campbell	75	Hamburg	0:09:26 h	16	0:33:25 h	13	0:42:51 h	9	0:25:10 h	31	1:08:01 h	MAK 40	22
17	Böke, Ralf	69	Bargaenstedt	0:12:12 h	76	0:31:56 h	5	0:44:08 h	18	0:24:17 h	21	1:08:25 h	MAK 45	6
18	Boubakeur, Aissa	66	-- ich bin in keinem Verein --	0:08:54 h	9	0:34:36 h	25	0:43:30 h	14	0:25:14 h	32	1:08:44 h	MAK 50	73
19	Wannske, Andreas	76	RV Trave Bad Oldesloe	0:11:39 h	60	0:33:49 h	18	0:45:28 h	28	0:23:26 h	13	1:08:54 h	MAK 40	34
20	Mrugalla, Martin	60	Eckernförde	0:08:35 h	5	0:35:03 h	31	0:43:38 h	16	0:25:24 h	36	1:09:02 h	MAK 55	69
21	Zofka, Christian	72	TSV Brunsbüttel	0:09:01 h	12	0:33:29 h	14	0:42:30 h	8	0:26:43 h	54	1:09:13 h	MAK 45	25
22	Jegust, Thomas	68	Impalas Westküste	0:10:40 h	44	0:33:46 h	17	0:44:26 h	20	0:25:06 h	29	1:09:32 h	MAK 45	74
23	Domscheit, Nils	91	Heavy Boys	0:10:30 h	34	0:36:45 h	44	0:47:15 h	43	0:22:33 h	8	1:09:48 h	MAK 25	9
24	Hennings, Marcel	82	Brunsbüttel	0:10:06 h	26	0:34:36 h	25	0:44:42 h	23	0:25:07 h	30	1:09:49 h	MAK 35	78
25	Schubert, Ralph	73	Hamburg	0:10:26 h	32	0:33:51 h	19	0:44:17 h	19	0:25:40 h	40	1:09:57 h	MAK 40	10
26	Piper, Kai	79	Eddelak	0:11:11 h	49	0:33:43 h	16	0:44:54 h	24	0:25:14 h	32	1:10:08 h	MAK 35	55
27	Wöhler, Alexander	79	Post SV Uelzen Triathlon	0:10:27 h	33	0:34:28 h	23	0:44:55 h	25	0:25:14 h	32	1:10:09 h	MAK 35	37
28	Sudmann, Sven	72	Triathlon Kakenstorf	0:08:56 h	10	0:34:32 h	24	0:43:28 h	13	0:26:54 h	57	1:10:22 h	MAK 45	63
29	Midwer, Axel	60	Post SV Heide	0:13:37 h	97	0:33:11 h	12	0:46:48 h	39	0:23:36 h	14	1:10:24 h	MAK 55	39
30	Tiedemann, Jan	91	MTV Freiburg	0:10:07 h	27	0:35:25 h	35	0:45:32 h	29	0:24:59 h	27	1:10:31 h	MAK 25	77
31	Englisch, Ingo	60	Heavy-Boys	0:09:34 h	17	0:35:01 h	30	0:44:35 h	22	0:26:29 h	51	1:11:04 h	MAK 55	59
32	Rasmussen, Christian	78	Laboe	0:10:14 h	29	0:34:50 h	28	0:45:04 h	26	0:26:02 h	45	1:11:06 h	MAK 35	17
33	Jochims, Ralf	64	SSV Süderdorf	0:10:34 h	38	0:36:34 h	43	0:47:08 h	42	0:24:06 h	19	1:11:14 h	MAK 50	66
34	Sandermann, Ralf	69	Post SV Uelzen	0:11:04 h	48	0:36:30 h	40	0:47:34 h	48	0:24:06 h	19	1:11:40 h	MAK 45	62
35	Seifert, Regina	68	Tornesch	0:09:57 h	22	0:36:16 h	39	0:46:13 h	33	0:25:52 h	43	1:12:05 h	W AK 45	118
36	Spross, Jürgen	66	Team Erdinger Alkoholfrei	0:13:34 h	96	0:32:16 h	6	0:45:50 h	30	0:26:27 h	50	1:12:17 h	MAK 50	54
37	Stadler, Jürgen	66	PSV Uelzen	0:12:29 h	79	0:34:06 h	20	0:46:35 h	37	0:25:45 h	42	1:12:20 h	MAK 50	41
38	Carstensen, Torsten	67	MTV Heide	0:12:41 h	85	0:35:09 h	32	0:47:50 h	50	0:24:32 h	23	1:12:22 h	MAK 50	65
39	Christiansen, Nina	88	SV Enge-Sande	0:11:40 h	61	0:35:50 h	37	0:47:30 h	47	0:25:03 h	28	1:12:33 h	W AK 25	128
40	Knuth, Peter	61	Bosauer SV	0:10:35 h	40	0:35:50 h	37	0:46:25 h	35	0:26:09 h	47	1:12:34 h	MAK 55	67

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
41	Tharra, Susan	62	MTV Heide	0:08:34 h	4	0:37:38 h	56	0:46:12 h	32	0:26:31 h	52	1:12:43 h	W AK 55	107
42	Suhr, Andre	82	Feldweg-Fighter	0:11:49 h	67	0:37:53 h	58	0:49:42 h	64	0:23:18 h	12	1:13:00 h	MAK 35	24
42	Harsdorf, Katja	64	A.S.L LA ROBERTSAU	0:11:58 h	74	0:36:33 h	42	0:48:31 h	55	0:24:29 h	22	1:13:00 h	W AK 50	91
44	Bechtold, Louis	92	SG Tantalus Kiel	0:11:57 h	73	0:38:40 h	71	0:50:37 h	70	0:22:31 h	7	1:13:08 h	MAK 25	27
45	Suchy, Eva	65	FC St. Pauli	0:11:42 h	63	0:35:36 h	36	0:47:18 h	44	0:26:17 h	49	1:13:35 h	W AK 50	87
46	Jürs, Mathias	80	Top-Tri-Team	0:11:16 h	51	0:36:32 h	41	0:47:48 h	49	0:26:10 h	48	1:13:58 h	MAK 35	26
47	Bolz, Stefan	65	LAV Husum	0:09:22 h	15	0:37:21 h	52	0:46:43 h	38	0:27:18 h	59	1:14:01 h	MAK 50	70
48	Hinrichs, Morris	00	Volsemenhusen	0:08:47 h	8	0:38:14 h	63	0:47:01 h	41	0:27:24 h	60	1:14:25 h	M JA	75
49	Purschke, Julian	79	SWEET ROCK BROKIES	0:11:11 h	49	0:38:02 h	62	0:49:13 h	59	0:25:15 h	35	1:14:28 h	MAK 35	58
50	Koch, Britta	86	TuS Holtenau Kiel	0:09:42 h	20	0:36:49 h	48	0:46:31 h	36	0:28:01 h	67	1:14:32 h	W AK 30	111
51	Jürgens, Peter Henri	65	TSV Brunsbüttel	0:10:39 h	42	0:35:23 h	34	0:46:02 h	31	0:28:36 h	70	1:14:38 h	MAK 50	49
52	Hegge, Viola	65	Trisport Lübeck	0:11:24 h	55	0:37:16 h	50	0:48:40 h	56	0:26:03 h	46	1:14:43 h	W AK 50	92
53	Hunold, Michael	65	Burg	0:10:08 h	28	0:36:46 h	45	0:46:54 h	40	0:27:56 h	65	1:14:50 h	MAK 50	52
54	Neumann, Marie	84	Tr EMTV Elmshorn	0:11:19 h	53	0:38:18 h	66	0:49:37 h	63	0:25:44 h	41	1:15:21 h	W AK 30	120
55	Hansen, Pia	74	MTV Leck von 1889 e.V	0:09:20 h	14	0:38:00 h	60	0:47:20 h	45	0:28:15 h	68	1:15:35 h	W AK 40	116
56	Ilsenstein, Alina	97	TSV Husum	0:10:49 h	46	0:40:01 h	85	0:50:50 h	74	0:24:52 h	25	1:15:42 h	W AK 20	96
57	Nothdurft, Benjamin	95	Güby	0:09:57 h	22	0:40:30 h	87	0:50:27 h	68	0:25:27 h	37	1:15:54 h	MAK 20	33
58	Sierck, Anja	73	Monstär-Racing	0:12:37 h	84	0:36:48 h	47	0:49:25 h	62	0:26:45 h	56	1:16:10 h	W AK 40	124
59	Letje, Stephan	64	MC Kollmar	0:14:12 h	101	0:38:15 h	65	0:52:27 h	86	0:23:47 h	17	1:16:14 h	MAK 50	29
60	Menzel, Jacqueline	67	Sport-Club Itzehoe	0:10:38 h	41	0:38:28 h	68	0:49:06 h	58	0:27:10 h	58	1:16:16 h	W AK 50	80
61	Hennings, Manfred	61	Brunsbüttel	0:10:33 h	37	0:37:21 h	52	0:47:54 h	51	0:29:05 h	75	1:16:59 h	MAK 55	53
62	Regehr, Burghart	63	August-Hermann-Francke-Sc	0:10:39 h	42	0:37:24 h	54	0:48:03 h	52	0:29:02 h	73	1:17:05 h	MAK 50	86
62	Sanny, Mareike	87	Eddelak	0:11:17 h	52	0:37:10 h	49	0:48:27 h	54	0:28:38 h	71	1:17:05 h	W AK 30	90
64	Ihfe, Mario	75	Zeitlos	0:10:32 h	36	0:37:53 h	58	0:48:25 h	53	0:28:42 h	72	1:17:07 h	MAK 40	84
65	Dieckmeyer, Oliver	80	TEA/ Laufftreff Harsefeld	0:11:43 h	64	0:39:53 h	83	0:51:36 h	75	0:25:32 h	39	1:17:08 h	MAK 35	82
66	Reinhold, Dirk	64	Glückstadt	0:12:50 h	89	0:37:52 h	57	0:50:42 h	71	0:26:43 h	54	1:17:25 h	MAK 50	42
67	Jegminat, Vera Sophie	93	Hamburg	0:10:48 h	45	0:39:13 h	75	0:50:01 h	65	0:27:45 h	63	1:17:46 h	W AK 20	89
68	Kriegel, Markus	75	PSV Uelzen	0:13:45 h	98	0:38:31 h	69	0:52:16 h	84	0:25:31 h	38	1:17:47 h	MAK 40	36
69	Stadali, Jessica	79	Sport-Club Itzehoe	0:11:51 h	69	0:38:55 h	72	0:50:46 h	73	0:27:37 h	61	1:18:23 h	W AK 35	98
70	Wiedermann, Jessica	87	Hamburg	0:11:45 h	65	0:40:35 h	89	0:52:20 h	85	0:26:35 h	53	1:18:55 h	W AK 30	88
71	Jatho, Maike	70	Triathlon Dänischer Wohld	0:12:35 h	83	0:37:32 h	55	0:50:07 h	67	0:29:02 h	73	1:19:09 h	W AK 45	125
72	Eckmann, Sabrina	72	TSV Bargtheide -Tri	0:11:23 h	54	0:38:00 h	60	0:49:23 h	61	0:29:51 h	79	1:19:14 h	W AK 45	113
73	Thiedeitz, Kai	62	Eutin	0:12:47 h	87	0:39:27 h	78	0:52:14 h	83	0:27:54 h	64	1:20:08 h	MAK 55	64
74	Knuth, Beate	59	Bosauer SV	0:12:23 h	78	0:39:39 h	80	0:52:02 h	78	0:28:29 h	69	1:20:31 h	W AK 55	122
75	Schallhorn, Claudia	67	Post SV Uelzen	0:13:48 h	99	0:36:46 h	45	0:50:34 h	69	0:30:15 h	81	1:20:49 h	W AK 50	102
76	Bolz, Yasmin	98	LAV Husum	0:09:38 h	19	0:39:13 h	75	0:48:51 h	57	0:32:33 h	92	1:21:24 h	W JUN	129
77	Schacht, Florian	82	Rendsburg	0:10:57 h	47	0:38:19 h	67	0:49:16 h	60	0:32:40 h	93	1:21:56 h	MAK 35	85
78	Austen, Ingrid	65	, Moin,	0:11:33 h	58	0:39:10 h	74	0:50:43 h	72	0:31:16 h	87	1:21:59 h	W AK 50	109
78	Hansen, Sabine	67	SZ Arlewatt	0:12:30 h	80	0:39:34 h	79	0:52:04 h	79	0:29:55 h	80	1:21:59 h	W AK 50	127
80	Goos, Dirk	67	Sweet Rock Brokies	0:10:03 h	24	0:37:18 h	51	0:47:21 h	46	0:35:01 h	101	1:22:22 h	MAK 50	48

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
81	Söthje, Sabine	65	Sport-Club Itzehoe	0:13:04 h	92	0:39:43 h	82	0:52:47 h	91	0:29:45 h	78	1:22:32 h	W AK 50	103
82	Timm, Michael	71	Nordmark Arzneimittel	0:13:57 h	100	0:38:14 h	63	0:52:11 h	82	0:30:34 h	83	1:22:45 h	MAK 45	71
83	Tylkowski, Otto	45	Team Erdinger Alkoholfrei	0:12:59 h	91	0:39:00 h	73	0:51:59 h	77	0:30:53 h	86	1:22:52 h	MAK 70	46
84	Bernhardt, Tamara	72	Lohe-Rickelshof	0:11:29 h	56	0:38:34 h	70	0:50:03 h	66	0:33:01 h	94	1:23:04 h	W AK 45	94
85	Ellerbrock, Verena	61	SSV Süderdorf	0:10:34 h	38	0:42:09 h	95	0:52:43 h	88	0:30:35 h	84	1:23:18 h	W AK 55	101
86	Schröder-Groeneveld, Mani	45	TSV Bokel	0:12:08 h	75	0:39:41 h	81	0:51:49 h	76	0:31:49 h	89	1:23:38 h	MAK 70	43
87	Witte, Michaela	64	Team Erdinger Alkoholfrei	0:14:22 h	102	0:41:48 h	93	0:56:10 h	101	0:27:37 h	61	1:23:47 h	W AK 50	95
88	Till, Sabine	58	Elsdorf-Westermühlen	0:12:30 h	80	0:42:09 h	95	0:54:39 h	94	0:29:18 h	76	1:23:57 h	W AK 55	114
89	Lenz, Oliver	73	Hamburg	0:11:38 h	59	0:40:31 h	88	0:52:09 h	81	0:31:59 h	90	1:24:08 h	MAK 40	45
90	Till, Thomas	56	Elsdorf-Westermühlen	0:11:48 h	66	0:42:55 h	99	0:54:43 h	95	0:29:43 h	77	1:24:26 h	MAK 60	61
91	Goßmann, Michaela	65	Sport-Club Itzehoe	0:12:49 h	88	0:39:56 h	84	0:52:45 h	90	0:32:12 h	91	1:24:57 h	W AK 50	105
92	Sandermann, Corinna	72	Post SV Uelzen	0:12:19 h	77	0:40:08 h	86	0:52:27 h	86	0:33:12 h	96	1:25:39 h	W AK 45	115
93	Otremba, Kristin	81	Impalas Westküste	0:12:42 h	86	0:39:22 h	77	0:52:04 h	79	0:33:39 h	97	1:25:43 h	W AK 35	110
94	Rosenhahn, Maike	75	THE SWEET ROCK BROKIE	0:14:34 h	104	0:41:12 h	91	0:55:46 h	100	0:30:38 h	85	1:26:24 h	W AK 40	112
95	Hüging, Angelika	59	TSV Tinum 66	0:12:34 h	82	0:43:10 h	103	0:55:44 h	99	0:31:48 h	88	1:27:32 h	W AK 55	108
96	Kazmierczak, Torben	89	Burg	0:11:50 h	68	0:42:59 h	100	0:54:49 h	96	0:33:09 h	95	1:27:58 h	MAK 25	81
97	Lappert, Evelyn	50	TSV Sankt Peter-Ording	0:14:30 h	103	0:43:09 h	102	0:57:39 h	102	0:30:21 h	82	1:28:00 h	W AK 65	93
98	Kattge, Sibylle	56	Sport-Club Itzehoe	0:13:17 h	94	0:47:04 h	105	1:00:21 h	105	0:27:56 h	65	1:28:17 h	W AK 60	99
99	Thor, Christiane	69	Sport-Club Itzehoe	0:11:52 h	70	0:40:52 h	90	0:52:44 h	89	0:35:49 h	102	1:28:33 h	W AK 45	104
100	Rebmann, Stefan	60	SG Wasserratten Nordersted	0:13:26 h	95	0:41:34 h	92	0:55:00 h	97	0:33:51 h	98	1:28:51 h	MAK 55	12
101	Dittmer, Jens	60	Kirchseele	0:11:56 h	72	0:42:38 h	98	0:54:34 h	93	0:34:21 h	100	1:28:55 h	MAK 55	83
102	Kulesa, Christian	65	Eutin	0:12:51 h	90	0:42:15 h	97	0:55:06 h	98	0:33:51 h	98	1:28:57 h	MAK 50	68
103	Berns, Frank	72	IT for Life	0:11:30 h	57	0:42:08 h	94	0:53:38 h	92	0:38:21 h	103	1:31:59 h	MAK 45	11
104	Junker, Angelika	66	Heide	0:13:11 h	93	0:46:21 h	104	0:59:32 h	103	0:40:19 h	104	1:39:51 h	W AK 50	106
105	Mengert, Benjamin	83	Hamburg	0:16:58 h	105	0:43:05 h	101	1:00:03 h	104	0:40:21 h	105	1:40:24 h	MAK 30	23